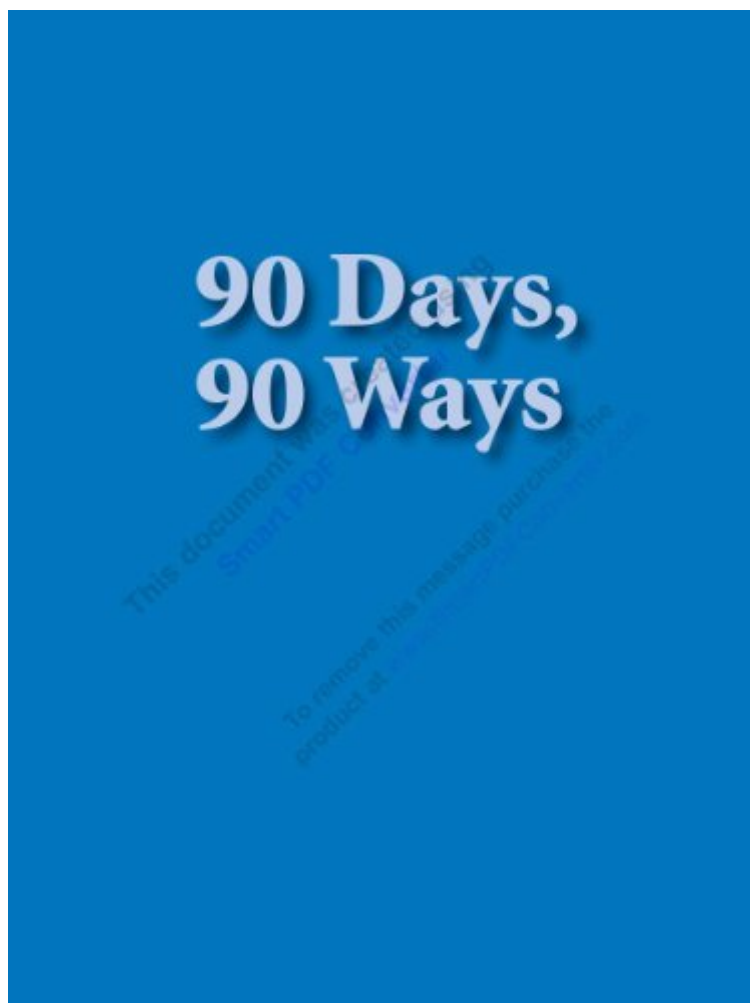


The book was found

90 Days 90 Ways



Synopsis

nicotine recovery daily meditations

Book Information

File Size: 195 KB

Print Length: 99 pages

Publisher: Nicotine Anonymous (August 8, 2012)

Publication Date: August 8, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B008VIKYAE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #516,005 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #51

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Tobacco

#118 in Books > Health, Fitness & Dieting > Addiction & Recovery > Smoking #1465 in Kindle

Store > Kindle Short Reads > Two hours or more (65-100 pages) > Self-Help

Customer Reviews

Just fair for the NicA literature. Written by individuals and not always accurate or written well.

I love this booklet!!! Thank you soooooo much .com and nicotine-anonymous.com!!!!

THE BOOK IS LIFE SAVING, VERY INFORMATIVE AND BY TAKING THE 12 STEPS OF NICOTINE ANONYMOUS, DOES AND WILL SAVE YOUR LIKE. VERY DANGEROUS CHEMICALS

I was intrigued by the title and synopsis of this book but after receiving the book I found it very disappointing. If you are into a religious based mindset, perhaps the book can be of some help. Otherwise, don't buy it.

This is a great little book containing 90 daily readings for Nicotine Addicts. Although Nicotine Addiction must be treated (one day at a time) for much more than 90 days, this is a great start for those first tough 3 months. This is a great addition to any daily readings for a recovering addict, and also for Treatment Centers to have in their recovery library. Essential reading for NicA meetings.

This book helped me in my daily struggle to not use nicotine. It has been 4 years now since my last cigarette and I owe a lot of my success to this book. This book offered gentle reasons for me not to smoke each day. I recommend it to anyone who is beginning their nicotine free journey. It will be very helpful to you.

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